

ATHLETIC LEADERSHIP UNDERGRADUATE ACADEMIC CERTIFICATE

All required coursework must be completed with a grade of C or better (O-10-a (<https://catalog.uidaho.edu/general-requirements-academic-procedures/o-miscellaneous/>)).

Code	Title	Hours
ESHS 475	Moral Reasoning in Sport	2
Select 7-9 credits of Leadership electives:		7-9
INTR 210	College Success Strategies for Student-Athletes	
INTR 401	Career and Leadership Development	
ISEM 101		
ISEM 301		
IS 350	Sports and International Affairs	
ESHS 301	Peer Health Education	
ESHS 305	Sport and Exercise Psychology	
Select 1-3 credits of Athletic, Recreation, Performing Art, Fitness electives:		1-3
DAN 105	Dance	
IFIT 106	Fitness and Wellness	
IFIT 107	Individual and Team Sports	
IFIT 108	Water-Based Fitness and Sports	
ESHS 132	Skill and Analysis of Striking and Net/Wall Activities	
ESHS 133	Skill and Analysis of Target and Invasion Activities	
ESHS 134	Skill and Analysis of Recreation and Outdoor Activities	
RSTM 108	Orienteering & Navigation	
RSTM 222	Cross Country Skiing	
RSTM 224	Whitewater Rafting	
RSTM 225	Kayaking	
RSTM 227	Mountain Biking	
Total Hours		10-14

Courses to total 12 credits for this certificate