

MOVEMENT SCIENCES UNDERGRADUATE CURRICULAR REQUIREMENTS

Course required in all majors in the Department of Movement Sciences

Code	Title	Hours
MVSC 201	Physical Activity, Wellness & Behavior Change for Healthy Active Lifestyles	3

Additional Department Course

The following additional department course is required in the Exercise, Sport, and Health Science (B.S.E.S.H.S.) Physical Education Teacher Certification (PETC) and Community Health Education and Promotion Emphases, and in Exercise Science and Health Certified Health Education Specialist (CHES) certification in the Department of Movement Sciences, and offered as electives in the Recreation (B.S.Rec.) degree.

Code	Title	Hours
MVSC 486	Healthy Active Lifestyle Assessment and Intervention	3